

**BALASAHEB DESAI COLLEGE, PATAN**  
**INTERNAL QUALITY ASSURANCE CELL (IQAC)**  
**CAREER ORIENTED COURSE**  
**ACADEMIC YEAR—2019-20**

**NAME OF THE COURSE- FOUNDATION COURSE IN YOGA**

**CONVENER OF THE COURSE- Dr. D. S. Patil**

**OBJECTIVE OF THE COURSE-**

1. To enhance the knowledge about Yoga
2. To create an interest in Yoga

**OUTCOME OF THE COURSE-**

1. Student learn yoga practices
2. Students get knowledge of Yoga exercise

**AGENCY THROUGH WHICH COURSE IS CONDUCTED - College**

**STUDENT ENROLLED FOR COURSE - 63**

**CLASS OF THE STUDENT- B. A.-II**

**EXPERET TEACHERS-**

1. Dr. D. S. Patil
2. Mr. D. K. Rewade

**DATE OF INAUGURATION- 05.12.2019**

**DURATION OF THE COURSE-30 Hours**

**SCHEDULE OF THE COURSE- 05.12.2019 to 10.03.2020**


**TIME TABLE-**

TIME	MON	TUE	WED	THU	FRI	SAT
9.30 am to 10.30am	-	Practical	Theory	-	-	-

**EXAMINATION CONDUCTED -Yes**

**CERTIFICATE DISTRIBUTED –Yes**



  
**(Dr. S. D. Pawar)**  
Principal  
Balasaheb Desai College, Patan  
Tal.- Patan., Dist.- Satara